

HEART & SOUL

AUGUST, 2022

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Pastor Kellen**
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**THIS
ISSUE**



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As we are coming close to finishing our first sermon series together at SUMC, I am hopeful there has been much learning happening.

First, I hope that this series has given you some insight to my life, call, and history! I love to share stories about my past in my sermons, sprinkling in things I am learning in the books I am reading, and hopefully giving you a taste of my passion for teaching!

Second, I hope this series has given you a fair representation of the way I like to preach. Although I love writing sermons, I prefer to give sermons through broad concepts and loose structure, giving me the ability to teach and speak while engaging people instead of looking down at a manuscript. It also allows me to act and react within the energy of the people gathered to learn, and this is my favorite part about preaching.

Lastly, my greatest hope is that we learned together about the importance of evangelism within our lives outside of Sunday worship. We have been called and sent to go forth and share the Gospel and our part within it. This series has been all about ways and trends of living into our faith within the wider community. I hope it has demystified the process of being an evangelist within our lives, expelling thoughts of religion being taboo or not being educated enough to share your story. This series was meant to start you down a path of building confidence within yourself to connect with the people in your life who are not connected to a faith community yet. I hope it spurs important conversations with friends and family, leading you to invite them to learn more within the church community.

As I mentioned in that first sermon, one powerful definition of evangelism is, “one beggar telling another beggar where the bread is.” I hope that you can understand the power and responsibility we have to bring life and sustenance to those around us, and that you trust the church community to help you to do that!

May we go and make disciples of all nations, by being willing to tell our story within the Gospel and live each day as a child of God, open and confident in our faith!



**SUNDAY, 10 A.M.
SEE YOU THERE!**

ALB MEETING

JULY 26, 2022

Submitted by Lisa Urban

Present: Brock Barber, Roni Christian, Pam Dunkel, Ricky Howland, Lori Olson, Tom Olson

Excused: Judy Atkinson, Ruth Lawton, Tom Lawton, Jeanne Schwass-Long, Deb Verdegan

Guest: Julie Naber

PARSONAGE

Tom Olson updated the group on the repairs underway at the parsonage. Remaining maintenance items are painting in the laundry room and garage, and a leaking faucet that will require a plumber.

Tom will arrange a walk-through with Judy Atkinson on any remaining projects and cleaning in advance of the church "Work Day" on Thursday, July 28. The church needs to complete the move-in checklist with Kay Weeden from the Stoughton Resettlement Assistance Program. Roni Christian offered to handle the transfer of utilities.

FINANCE

Roni reviewed the budget to date. At \$85,885, the church is at target for contributions and below target for expenses at \$79,568 through June. Roni noted that an error, identified at the last meeting related to the pastor's salary, which has been corrected on the budget.

Tom requested approval for Wi-Fi hotspots, which were not included in the annual budget. The group agreed that this expense could be charged to the office equipment.

Deb Verdegan requested budget approval for Kettle Park Ministries at the previous meeting. In her absence, the group approved up to \$500 from the worship supplies with the understanding that she could submit an additional request if we underestimated her needs. Also, Deb will be encouraged to include funds for Kettle Park Ministries in the 2023 budget.

SPACE REVIEW

Pastor Kellen then presented a proposal for better utilization of space within the church facilities.

Tier 1 (targeted completion: 9/1/22):

Repurpose the current library as a nursery for infants and toddlers. This room is close to the bathrooms and Sanctuary, and is larger than the current designated space. The action would move age-appropriate equipment and toys from the current nursery, and move furniture and shelving downstairs. Install a wall between the library and the Music Ministries space. The funding need is construction of a new wall.

ALB MEETING

JULY 26, 2022

Submitted by Lisa Urban

Return the “map room” to its original purpose as Sunday School classrooms for Christian education. The action would remove unrelated supplies and toys that are not age appropriate. The funding needs are new tables and chairs for young kids and AV support for teaching, such as a wall mounted TV with DVD player.

Tier 2 (targeted completion: 10/1/22):

Return the choir room to its original purpose as a space to store music, musical equipment and choir supplies. The action would remove any items not related to Music Ministries, including worship supplies and decorations. The funding needs (potentially) would be music stand storage or other specialty equipment for sheet music and handbells.

Repurpose the current nursery off the Sanctuary as a space for technology and worship supplies. Move the nursery equipment to a new space. Funding needs would (potentially) be costs associated with moving the computers and sound equipment, such as wiring and storage. (Moving the technology out of the Sanctuary may be a later phase due to complexity.)

Tier 3 (no timeline after evaluation of activity needs):

Fellowship Hall. The Board considered keeping some conference tables and chairs set up regularly for impromptu meetings and fellowship. Also, re-evaluate the use of the bulletin boards for communicating information.

Small dining room. The Board considered how this space could be used to support ministries. The action would remove extra tables, chairs and supplies. The Board approved the pastor’s proposed use and will review funding requests as needs are finalized.

The group recommended creating a task force to begin identifying items for storage or disposal. Lisa suggested asking Mary Hanson to head up a Task Force, as she has some experience in management of public spaces. Lori Olson asked for items slated for disposal be vetted with the congregation to ensure that treasured items are not inadvertently thrown out.

Lori Olson brought a proposal to update the meeting room next to the Food Pantry as a Fireside Room with comfortable chairs, furniture and shelving for small groups. The room would provide space for book discussions, brides to prepare for a wedding or grieving families to meet with the pastor.

ALB MEETING

JULY 26, 2022

Submitted by Lisa Urban

Updates would be funded by personal contributions from Food Pantry volunteers and others with additional support from the Wills and Memorials Fund. The Board supported this request and expressed thanks to the donors for their vision and generosity.

CHILDREN'S MINISTRIES

Pastor Kellen presented a proposal to repurpose the funds donated for a Children's Ministry position to similar purposes. The Sunday School Coordinator would organize and oversee Sunday School and Bible study lessons for kids. This position would coordinate use of volunteers from the congregation to assist with lessons. The Board approved recruitment for this position with a salary of \$30/hour or \$120 per week for four hours of work.

The Nursery Attendant would oversee care of infants and toddlers ages 0-4 years old during church services. This person could be a high school student certified in CPR and First Aid. The Board approved \$30 per week for a time commitment of 15 minutes before and after Sunday morning service (1.5 hours per week). The Board determined that these positions will be treated as contractors rather than employees, so no benefits will be required. Both positions will be required to pass a standard background check. Position descriptions will be available for those who want to share them with potential candidates.

Pastor Kellen will review plans with donors to the Children's Ministry Fund on August 14th after service. A notice has already been distributed.

OTHER BUSINESS

The Board was asked to review plans for Vacation Bible School (VBS) scheduled for late August. There were some concerns about the availability and workload for volunteer staff and additional commitments during the onboarding of the new pastor. The Board made the decision to cancel VBS for this summer with the expectation that content may be reused next summer.



VOLUNTEERS NEEDED FOR TASTE OF MADISON

The Taste of Madison is scheduled during Labor Day weekend. We are hoping a number of you would be willing to volunteer working on **September 3rd. There are **2 shifts**:**

2pm - 5:30pm

5:30pm - 9pm

There are **3 areas that we will be serving beverages:**

Beer, Wine and Soda/Water.

Sign-up sheets are in the church entryway.

Contact Al Davis at: alan-and-moica@sbcglobal.net or **873-1705 for any concerns or questions.**

The deadline is approaching quickly and we need these areas filled.

The Taste of Madison has always been fun, but it also is one of our top items that brings in fundraiser money to assist the church. Please do your part, come enjoy being with your church friends, meet the public and have a great time.

Thank you in advance for assisting with this adventure!

MONTHLY **CALENDAR**

SUNDAY WORSHIP, 10am; AVAILABLE ON:
YouTube: www.youtube.com/StoughtonUMC
Website: www.stoughtonumc10.org/videos
Facebook: www.facebook.com/StoughtonUMC
**Previous Services: <https://wsto.tv/schedule>,
Spectrum Channel 981**

ALB:
4th Tues. on ZOOM, 6:30pm

BOUNCE BACK TEAM:
2nd Sun., right after the service on ZOOM

SAFETY TEAM:
Meets as needed.

YOUNG DISCIPLES TEAM:
Meets as needed.

SUMC WOMEN'S FELLOWSHIP
2nd Wed., 1:00pm

KETTLE PARK SERVICE
Mon., 1:00pm

OFFICE HOURS:
Mon.-Thurs., 9am - 1:00pm

FOOD PANTRY:
Tues., 9am - Noon; 4pm - 6pm
Wed., 9am - 11am

Worship Giving:

Please consider giving your tithes and offerings digitally. Visit our website: www.stoughtonumc10.org/giving to get connected. You can also give through an app: search for "giveplus+" in your play store today. Search by zip code (53589) and sign up if you haven't already. Thank you!

Where to View the Worship Service:

Our YouTube Channel is here: www.youtube.com/StoughtonUMC
OR a week later on WSTO.tv (Charter/Spectrum channel 981) Worship begins at 10am.

Prayer Requests: It is our practice to take prayer requests during our service on Sunday mornings. Even though we are not together in person every week, we are still a praying church. Please email your prayer requests: prayer@stoughtonumc10.org to be shared with the Prayer Team Chain. If you want it to remain confidential between our prayer leaders and myself, please mark it as such.

Newsletter: Stop over to our website: www.stoughtonumc10.org/newsletter for our "Heart and Soul" monthly newsletter. The deadline for the newsletter is the 15th of every month. Articles/pictures can be submitted to: newsletter@stoughtonumc10.org.

Free Rides To and From Church: Stoughton Taxi Service provides free rides to and from church on Sundays. The driver will punch the card available at the church upon arrival and again before leaving to return home. Please contact the church office for more information.

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We have a number of individuals who have offered to deliver food, pharmacy items, food pantry items, etc. Please call the church office: **873-3273**, or email Pastor Kellen at dandelions4you@gmail.com for information, 8am-8pm or for emergency. Also, video appointments can be scheduled.

Prayer Requests:

prayer@stoughtonumc10.org

Please **REACH OUT!** If you cannot reach anyone, then call **211** - which is a service of the United Way and they will be able to connect you with resources.

ALSO CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

& UW HEALTH:

<https://www.ushealth.org/covid-19/covid-19/53246>

STOUGHTON UNITED METHODIST CHURCH
FOOD PANTRY
525 LINCOLN AVE



HOURS:
Tuesdays
9am - Noon
&
4pm - 6pm

Wednesdays
9am - 11am

OFFICE HOURS:
M - TH
9-1:00

Call for an appointment.
(608) 873-3273

We
welcome
all who
need
assistance.





American Red Cross

Covenant Lutheran
1525 Van Buren
Monday, August 22nd
1pm - 6pm
 For an appointment call
1-800-RED CROSS
(1-800-733-2767) or visit:
redcrossblood.org and enter
Sponsor Code: Covenant
Appointments preferred;
walk-ins welcome!

Come and give in August and get a \$10 e-gift card to your choice of merchants. PLUS, automatically be entered for a chance to win gas for a year, a \$6,000 value! You could be one of three lucky winners. Destination: Donation! Terms apply, see rcblood.org/fuel

RED ALERT!

The Red Cross is facing an emergency blood and platelet shortage and needs our help to ensure hospital and patient blood needs are met.

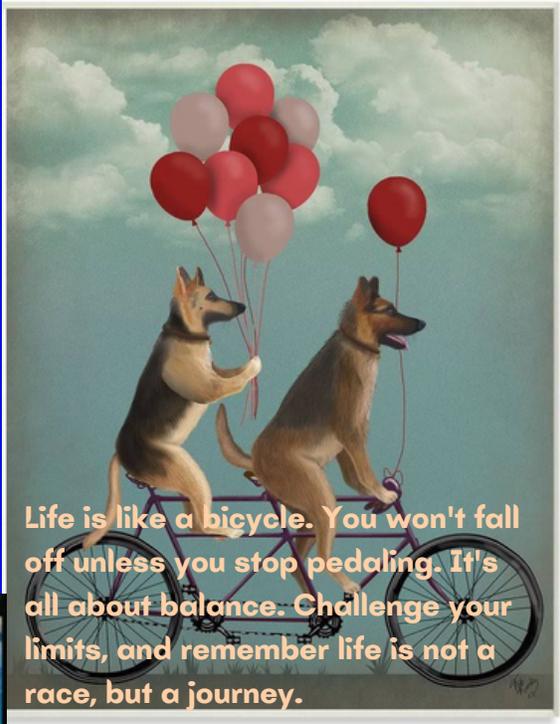
- 1) Sign up to give blood or platelets ASAP at: rcblood.org/donate.**
- 2) Ask a friend to join you.**
- 3) Spread the word!**

Nazareth Health & Rehabilitation Blood Drive
814 Jackson Street

Thursday, August 4, 2022
9:00 a.m. to 1:30 p.m.

For an appointment call:
1-800-RED CROSS (1-800-733-2767)
 or visit: redcrossblood.org and enter
Sponsor Code: Stoughton
Appointments preferred;
walk-ins welcome!

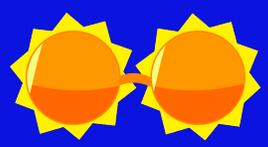
Please consider donating!



**FLITTIN' AROUND
BRINGIN' AMUSEMENT**



August is a gentle reminder for not doing a single thing from your New Year's resolutions for 7 months and not doing it for the next 5!



AUGUST BUCKET LIST

Visit a museum
Go for a hike
Paint on canvas
Take a class
Go to the Farmer's Market
Attend a county fair
Make up a new recipe
Meet a new friend
Go swimming
Visit a landmark
Travel one of Wisconsin's Rustic Roads
Have a backyard campout/build a fort
Make s'mores around a campfire
Do an end-of-summer photo shoot
with fun props
Make a meal with local produce & foods
Go fishing
Watch a sunrise or sunset
Visit a library and take out a book
you haven't read
Sit out in the backyard & stargaze
Go bowling or play tennis/pickle ball
Visit a lake or pond & feed the ducks
Do a random act of kindness
Visit a national or state park & take pictures
of the birds and flowers
Go to the movie theater or outdoor theater
Go on a tour of local gardens or historic site
Listen to a concert
Make a donation to your favorite group
Have a media-free day- no phone/internet
Lay in the grass & look for
cloud animal shapes

Fly a kite
Have a backyard BBQ with friends
and/or family
Set up a treasure or scavenger hunt
Have a spa day
Visit a petting zoo at a farm or go to the zoo
Make or build something from scratch
Play a new board game
Play a game of frisbee golf
Exercise with a hula hoop or jump rope
Blow bubbles
Swing on a swing
Visit an amusement park & go on some rides
Make a tie-die shirt
Play laser tag
Start a journal
Make a memory jar
Collect pine cones and/or shells and
make something
Catch some fireflies
Eat some corn-on-the-cob
Go to a new restaurant
Write up a bucket list for 2023
Check out local yard/garage sales
Get your car ready for winter
Have a mini-golf tournament
Play croquet
Draw some sidewalk chalk art
Volunteer for a day
Have a water balloon fight
Paddleboard or kayak
Pick berries
Go for a bike ride